



The Sports Medicine Pathway introduces and prepares students for occupations involved in prevention, treatment, and management of injury & illness. It also focuses on the preservation of mental and physical well-being through the services offered by medical and allied health professions.

Students are able to intern with a Canyon Athletic Trainer for first hand practical experience applying skills learned in Career Focus Medical and Sports Medicine I.

Students have the opportunity to earn college credit for Sports Medicine I with Orange Coast Community College and Irvine Valley College.

**To sign up for a Sports Medicine Pathway course contact a Canyon counselor today!**

***"I highly recommend Sports Medicine to anyone interested in going into the medical field. It will give you relevant and necessary knowledge moving forward. You will also meet new people and make new friends, along with receiving instruction by an amazing teacher!"***

*V.M.*

*Class of 2019*

### *Canyon Sports Medicine Community Partners*

Dr. Bob Yin, St. Josephs Hospital & Canyon Team Physician; Cal-HOSA Future Health Professionals; Yang Optometric; Dr. Chris Koutures, Active Kid MD; Sports Condition & Rehabilitation



For more information visit [www.canyonhighschool.org](http://www.canyonhighschool.org) or contact Sports Medicine Pathway teacher Mrs. Daniela Medina, [dmedina@orangeusd.org](mailto:dmedina@orangeusd.org).



## *Sample Four-Year Plan*

This represents a sample four-year plan sequencing the required classes to be a Sports Medicine Pathway completer. Students must complete a level 02 & 03 class to be a pathway completer and earn a tassel to wear at graduation. Students should work closely with their counselors to incorporate appropriate honors, IB and AP courses as well as other graduation and A-G required courses.



Course Type	9th Grade	10th Grade	11th Grade	12th Grade
<b>Sports Medicine</b>	Career Focus Medical	Sports Medicine	Sports Medicine II Internship	Professional Internship

## *Sports Medicine Pathway Course Descriptions:*

**Career Focus Medical (01):** Explores various careers in the medical and health industry and prepares students for entry-level jobs in the field. Students learn the requirements for post-secondary education and career opportunities available while developing a career/life plan.

**Sports Medicine I UC-G (02):** Prepares students for the Sports Medicine field through the study of anatomy, physiology, and bodily systems. Students expand scientific knowledge in the evaluation, assessment and care of injuries as well as preventative techniques and wellness.

**Sports Medicine II Internship (03):** A competency based course preparing students for an entry-level job in sports medicine. Students are provided advanced classroom instruction by a Canyon Certified Athletic Trainer and have the opportunity to apply academic knowledge and demonstrate technical 21st century skills at Canyon athletic events.

## *Sports Medicine Pathway Teacher & Canyon Athletic Trainer:*



**Mrs. Daniela Medina**

Email: [dmedina@orangeusd.org](mailto:dmedina@orangeusd.org)

Mrs. Medina has served in the United States Army since 2001. She received her A.A. in Liberal Arts with a Kinesiology and Wellness emphasis, her B.S. in Kinesiology & Exercise Science from California State University, Fullerton and her M.S. in Athletic Training from California Baptist University. Mrs. Medina has served Canyon as the school's certified athletic trainer since 2015 and is the HOSA Future Health Professionals student organization advisor. She is also a American Heart Association Certified CPR Instructor.