CANYON AVID

FIRST QUARTER NEWSLETTER
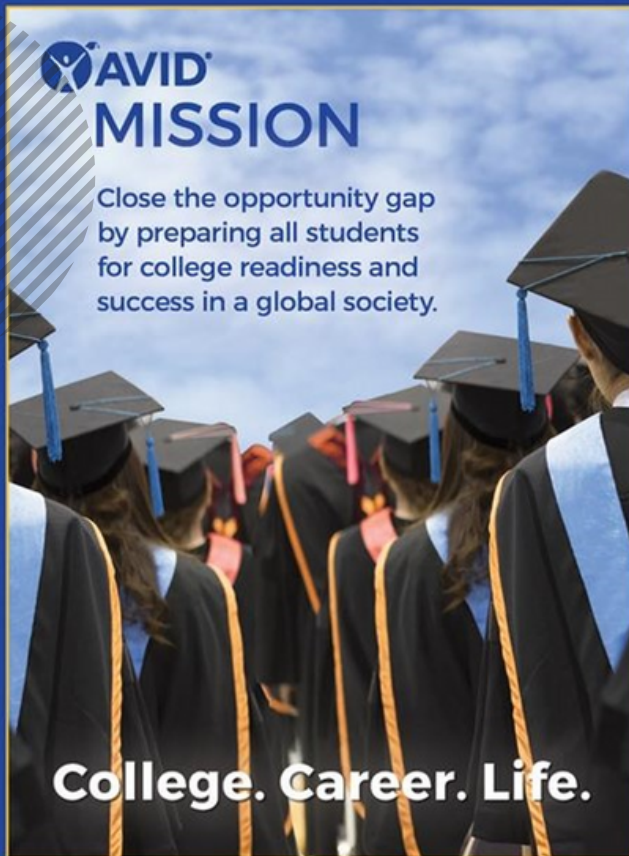
AVID MISSION

Close the opportunity gap by preparing all students for college readiness and success in a global society.

College. Career. Life.
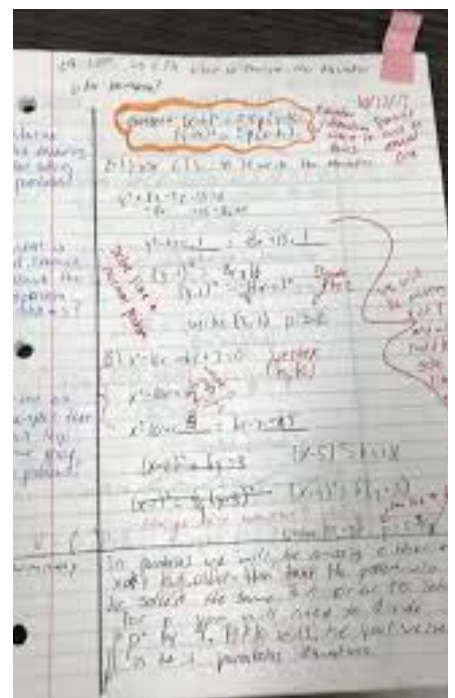
Welcome to the first AVID newsletter. I am excited for this adventure. While I am not new to AVID, this is the first year I am teaching the AVID elective class.

Each newsletter will feature an AVID strategy that the AVID team has been focusing on. I will explain the strategy and provide some examples. If you ever want more information or want a deeper discussion, please feel free to reach out to anyone on the AVID team.

WHAT is AVID?

AVID stands for Advancement Via Individual Determination.

The elective class offers support and structure so students can be successful in rigorous classes and be college and career ready.

Students must maintain a minimum of a 2.0 GPA with the goal of a 3.0, as well as register for academic classes during all four years.

The Focused Note-Taking Process

Taking Notes	**Create the notes.** Select a note-taking format, set up the notes, and take notes based on an information source (lecture, book, website, article, video, etc.), selecting, paraphrasing, and arranging the information in a manner that meets your note-taking objective.
Processing Notes	**Think about the notes.** Revise notes—by underlining, highlighting, circling, chunking, questioning, adding, deleting—to identify, select, sort, organize, and classify main ideas and details. Evaluate the relative importance of information and ideas in the notes.
Connecting Thinking	**Think beyond the notes.** Analyze the notes using inquiry to make connections and deepen content knowledge by asking questions and adding your own thinking to create greater understanding, identify gaps or points of confusion, and connect your new learning to what you already know.
Summarizing and Reflecting on Learning	**Think about the notes as a whole.** Pull together the most important aspects of your notes and your thinking about them to craft a summary that captures the meaning and importance of the content and reflects on how the learning helps you meet the note-taking objective.
Applying Learning	**Use the notes.** Save and revisit your notes as a resource or learning tool to help you apply or demonstrate what you have learned.

AVID Site Team

Nicole Elliott-Coord & elective teacher
Andrea Sanchez-Counselor
Angel Perez-Math
Celena Photopulos-Science
Daniela Medina-CTE
Nancy Belinge-Social Science
Chris Weinkauf-Language Arts
Alec Roy-Social Science
Frederique Boyle-World Language

AVID STRATEGY
Focused Note-Taking

Focused note-taking is by far my favorite of all of the AVID strategies and was the first one I incorporated into my curriculum. Here is why:

The Curve of Forgetting

Our brain is wired to prevent system overload. Over time, our brains delete information that we don't use or that isn't connected to something we already use (Nagel, 2019). 65% of what we learn is deleted in just one hour and after 6 days, 75% has been lost (1885, Ebbanghaus & 2015, Murre & Dros). Because of this, it is so important for students to revisit their notes within a 24 hour period so what we teach them isn't completely forgotten or deleted from their brains.

Focused Note-Taking is one strategy to help students students retain information by revisiting their notes within 24 and doing "something" with them. What that "something" is up to them and you as the teacher. I frequently have my students draw charts for comparison, complete concept maps as well as write summaries after each set of 6 slides.

The graphic to the left shows the focused note-taking process. I am also attaching some of my students notes for your reference. Focused note-taking has transformed how my students retain information and has increased both student engagement as well as achievement.

For more information om The Curve of Forgetting please visit the avid website linked below.

https://www.avid.org/site/default.aspx?
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33C0075398BC&RenderLoc=0&FlexDataID=6252&PageID=3318&Tag=&Comments=true